

Keep Safe Connections for Youth

(209) 533-7000 T.C. BEHAVIORAL HEALTH
CRISIS ASSESSMENT AND INTERVENTION PROGRAM (CAIP)

1-800-273-8255
NATIONAL SUICIDE PREVENTION CRISIS LINE

1-800-843-5200
CALIFORNIA YOUTH CRISIS LINE

1-888-281-3000
24-HOUR PARENT SUPPORT LINE

Text HOPE to 916-688-iCAN
CRISIS CHAT VIA TEXT

(209) 588-9305 DOMESTIC VIOLENCE HOTLINE
CENTER FOR A NON-VIOLENT COMMUNITY

1-866-488-7386 www.thetrevorproject.org
LGBTQ COMMUNITY CRISIS LINE: THE TREVOR PROJECT

P.O. Box 4720, Sonora, CA 95370, 209-586-9351
National Alliance on Mental Health (NAMI – local chapter)

(209) 536-5000
SONORA REGIONAL MEDICAL CENTER
EMERGENCY SERVICES

(209) 928-5400
TUOLUMNE ME-WUK HEALTH CLINIC

(209) 532-8143 or 532-8141
SONORA POLICE

911 or (209) 533-5815 or 1-800-228-3592
SHERIFF EMERGENCY SERVICES

1-800-352-9996
ALATEEN

(209) 533-5717 or (209) 533-HELP (4357)
T.C. CHILD WELFARE SERVICES

www.my3app.org (at the bottom of the page click on the Apps Store or Google Play link)
MY3 PHONE APP (requires IOS 5.0 or later)

Mother Lode Survivors of Suicide Loss support group (meets 4th Tuesday of month)
(209) 536-4944

Tuolumne.networkofcare.org (Tuolumne County Behavioral Health)
Therapist List (upper right hand box on page)
